



Behaviour Bridge

Positive Behaviour Support

What to Expect from Positive Behaviour Support

A plain-language guide for participants, families, and support coordinators new to working with Behaviour Bridge.

THE PROCESS — STEP BY STEP

1

Referral and Initial Contact

You or your support coordinator submits a referral. We will be in touch within a few business days to introduce ourselves, answer questions, and arrange an initial consultation.

2

Initial Consultation

We meet with the participant and key people in their life (family, support workers, teachers) to understand daily routines, current challenges, and what matters most. This is a relaxed, conversational meeting — there are no wrong answers.

3

Functional Behaviour Assessment

We gather information through observation, interviews, and questionnaires to understand the function of the behaviour — what the person is trying to communicate. This is the most important step in the process.

4

Behaviour Support Plan Development

We develop a personalised Behaviour Support Plan with clear, practical strategies. We go through the plan with you and your team to make sure everyone understands and feels confident.

5

Ongoing Implementation Support

We stay involved to support the team in using the strategies in real life. We check in regularly, answer questions, and adjust the plan as the person grows and their needs change.

OUR APPROACH: THE B.R.I.D.G.E BEHAVIOUR SYSTEM

B

Build The Relationship

Trust and connection come first. Support that works begins with knowing the person.

R

Read The Environment

We look at routines, sensory factors, and triggers to understand the full picture.

I

Identify The Function

Every behaviour serves a purpose. We find out what the person is communicating.

D

Design The Strategy

Practical, evidence-based strategies that fit real life and build independence.

G

Guide The Team

We coach everyone involved so strategies are used consistently every day.

E

Evaluate The Outcomes

We review progress regularly and adjust strategies to keep improving quality of life.

COMMON QUESTIONS

How long does PBS take?

PBS is not a quick fix. The assessment phase typically takes a few weeks, and implementing and embedding strategies takes several months. Change is gradual and sustainable.

How is PBS funded through the NDIS?

PBS is funded under the Capacity Building — Improved Relationships category of your NDIS plan. Your support coordinator can help you access this funding.

Where do sessions take place?

Behaviour Bridge is a mobile clinic. Sessions take place in the home, school, community, or wherever is most relevant to the person's daily life.