



Behaviour Bridge

Positive Behaviour Support

Support Worker Strategy Summary

Quick-Reference Guide — B.R.I.D.G.E Behaviour System

This is a plain-language summary of the key strategies from the full Behaviour Support Plan. It is designed to be completed by the PBS Practitioner and given to support workers so strategies are used consistently in daily life.

PARTICIPANT NAME **PRACTITIONER** **DATE UPDATED** **REVIEW DATE**

B

Build The Relationship

Key interests, communication style, and how to connect with this person:

Write strategies here...

R

Read The Environment

Known triggers, sensory needs, and environmental factors to be aware of:

Write strategies here...

I

Identify The Function

What this person is usually communicating when they become distressed:

Write strategies here...

D

Design The Strategy — Proactive

Things to do EVERY DAY to keep this person regulated, calm, and happy:

Write strategies here...



Guide The Team — Reactive Strategies

Exactly what to do if this person becomes distressed or escalates:

Write strategies here...

Important: This summary is a guide only. Always refer to the full Behaviour Support Plan for complete strategies. If you are unsure about any strategy, contact your PBS Practitioner at Behaviour Bridge before proceeding.